

NOTE FROM SCHOOL NURSE ABOUT INJURY TO THE HEAD
LAFAYETTE SCHOOL CORPORATION HEALTH SERVICES

Dear Parent or Guardian,

Date: _____

Your child: _____ incurred a bump, blow, or jolt to the head . See attached “Referral for Illness or Injury” form for description of injury and treatment).

I. SCHOOL NURSE ASSESSMENT: Time of assessment: _____

- a. Level of consciousness: Awake _____ Drowsy _____ Other/ Comments _____
- b. Orientation to: Person _____ Place _____ Time _____ Comments _____
- c. Pupils Equal and React equally to light? Yes _____ No _____ Comments _____
- d. Does Student move steadily or does coordination appear usual for the child? Yes _____ No _____ Comments _____
- e. Is impact suspected to have been serious or significant? No _____ Yes _____ (if yes, go to step g)
- f. Are there concerns (e.g. headache, vomiting, dizziness, unusual behavior, slurred speech, agitation or irritability, unusual drainage from ears or nose, eye / vision?) No _____ Yes _____ (if yes, go to step g)
- g. **RE-ASSESSMENT CHECKS** –should be done every 15 minutes for at least 30 minutes if significant impact is suspected or if any symptoms are noted. Attach Concussion Checklist, keep record, and give copy to parent.
- h. **If there is one or more sign or symptom of concussion after a bump, blow, or jolt to the head, refer parent to a health care professional with experience in evaluating for concussion.**

SCHOOL NURSE: _____

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II. PARENT/GUARDIAN- PLEASE MONITOR YOUR CHILD VERY CAREFULLY, AND REPORT ANY CONCERNS IMMEDIATELY TO YOUR DOCTOR OR GO TO THE EMERGENCY ROOM:

It is very important to monitor children after a head injury. Sometimes it is difficult to determine the severity or effects of head injuries right after they occur. Most injuries that occur at school are mild and are not severe, and most children have no problems. But if you see signs of problems either now or later, let your doctor know about the injury and symptoms as soon as you suspect problems. After injury, child’s activity should be quiet/ avoid activities or play in which he/she could have another head injury. First aid that can help:

- Apply ice pack to decrease swelling.
- Call doctor about whether to give medication & type to give for headache or swelling (some meds can mask symptoms)

CONTACT YOUR DOCTOR OR EMERGENCY ROOM IMMEDIATELY FOR ANY OF THE FOLLOWING :

- One pupil (the black part in the middle of the eye) bigger than the other
- Loss of consciousness (even brief loss of consciousness should be taken seriously)
- Convulsions or seizures
- Drowsiness or cannot be awakened
- A headache that gets worse and does not go away
- Double vision, blurred vision ,extreme light sensitivity
- Weakness, numbness, dis-coordination, staggering
- Repeated vomiting or nausea
- Breathing irregularity
- Bleeding or unusual drainage from eye, ear, or nose
- Slurred speech
- Difficulty recognizing people or places
- Increasing confusion, restlessness, or agitation
- Unusual behavior
- Another injury to the head
- If you feel something isn’t right!